

THE HARLEY STREET CLINIC

CHILDREN'S HOSPITAL



What happens to your Child after General Anaesthetic is given

Information for Parents

General Anaesthetic

What happens to your child after General Anaesthetic is given?

Once your child is awake from the anaesthetic they can start drinking fluids. If they are not sick, they can start eating their normal diet.

The minimum recovery time before discharge is two hours.

The anaesthetic may make your child feel slightly more tired than usual for a day or two. They should be encouraged to go to bed early and perhaps have a rest during the day.

Sometimes the anaesthetic can leave your child feeling sick for the first 24 hours, resulting in them vomiting. This is fairly common but if it continues for longer than 24 hours, please telephone the Ward. The best treatment for this is for your child to rest, and to have small, frequent amounts of fluid, and light food such as toast, or biscuits.

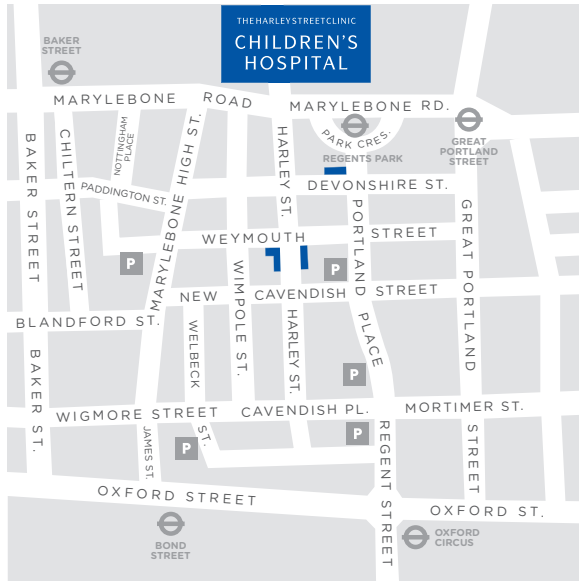
If vomiting persists, please contact your GP.

The hospital experience is strange and unsettling for some children, so do not be surprised at changes in behavior when you reach home, for example, your child may be more clingy, easily upset or have a disturbed sleep. Try to be patient, understanding and give your child a bit more time.

Contact telephone numbers

Paediatric Surgical
Day Unit 020 7034 8578

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